Safety is an Attitude

Safety in General
A. Safety is defined as freedom from danger or hazards.
B. Safety is a personal responsibility. Most accidents are caused by one person and happen to one person.
C. Poor safety attitudes are the biggest hazards in most cases.

Safety is NOT...
A. Cynicism- "Safety is kid's stuff!"
B. Fatalism- "I can't do anything to stop accidents."
C. Laziness "It's just too much trouble."
D. Temper- "I'll do it my way or else!"
E. Forgetfulness-"I meant to but forgot."
F. Carelessness-"Oh, why bother."
G. Overconfidence-"I'll never get hurt. "It will never happen to me!"
H. Recklessness-"Danger is the spice of life!"
I. Ignorance-"I don't need to wear specific glasses for this."
J. Preoccupation-"I was thinking of something else instead of paying attention."

Accidents are Preventable
A. Accidents are a result of attitudes and of actions which you can eliminate. Safety is a state of mind.
B. People could prevent over 90% of all accidents if they wanted to because over 90% of all accidents are caused by people--not mechanical failures or freaks of nature.
C. Be your own safety expert by knowing how to prevent accidents.
D. Come to work relaxed--good health is a factor in accidents. Fatigue is a frequent factor in accidents.
E. Know and follow the safety rules of your job--be familiar with the operation of all machines and equipment that you use.
F. Know yourself--your abilities, skills, and limitations.
G. Watch out for the practical joker; "clowning" is a major cause of accidents.
H. Know what to do in an emergency; know first aid and emergency procedures.
I. Know whether your area responds to the 911 telephone call number for emergencies. Know what information you should give.
J. Have positive attitudes such as self-control, sound judgment, and the desire to be safe.